

West Marshall Summer Swim Lessons 2017: State Center High School Pool

Dear Parents,

With summer quickly approaching, it's time to start thinking about summer fun and water safety! Once again, the Parks & Recreation Board of State Center is sponsoring swim lessons together with the Marshalltown YMCA-YWCA. We will once again be offering a session in June and in July to help accommodate needs.

Learn to Swim lessons will be offered **at the West Marshall High School pool in State Center** this summer for school-age children through a partnership between the City of State Center, Parks & Recreation Department, West Marshall School District, and the Marshalltown YMCA-YWCA. **The cost for children who are currently active YMCA members is \$35; the cost for children who are not YMCA members is \$65.**

Session Date Options:

1. **June 5th – 15th:** Lessons will be held Monday through Thursday June 5th- June 8th and June 12th – June 15th (NO FRIDAY LESSONS either week).
2. **July 10th – 20th:** Lessons will be held Monday through Thursday July 10th- July 13th and July 17th – July 20th (NO FRIDAY LESSONS either week).

Lessons will be held each day at 9:00 AM, 10:00 AM and 11:00 AM and will last 45 minutes. The following 3 class types will each be offered; please review to determine the best fit for your child as well as how the YMCA classes correlate with any prior Red Cross lessons your child may have attended:

Polliwog Age: 5+ years Prerequisite: None

In this beginning level for school age children, swimmers are acquainted with the pool and learn water adjustment. Float devices are used to encourage students towards water independence. Skill Focus: Independent paddle strokes, floating, water safety, jumping unassisted. ***Polliwog level would be the same level as level 1 & 2 in Red Cross.***

Guppy Age: 5+ years Prerequisite: Pass Polliwog skills

Guppies move toward stroke independence and will swim several lengths of the pool unassisted when completed. Swimmers should be comfortable swimming in deep water in order to build on previous skills. Skill Focus: Symmetrical and alternating paddle strokes, rotary breathing, floating, treading, kneeling dives. ***Guppy level would be the same level as levels 3 & 4 in Red Cross.***

Minnow Age: 5+ years Prerequisite: Pass Guppy skills Location: Lap Pool

Minnows are intermediate swimmers and will progress with front crawl, back crawl, breast, elementary back, and side strokes. Swimmers will work on consistency and endurance. Skill Focus: Stroke development, rhythmic breathing, standing dives, basic rescue skills. ***Minnow level would be the same level as levels 5 & 6 in Red Cross.***

Please complete the form by selecting a first and second choice session date and time. We will do our best to accommodate all first choices, but due to limitations in class size, we will assign based on the order we receive completed forms. We may need to contact you with any scheduling issues. **EMAILS WILL BE SENT TO ALL REGISTRANTS THE WEEK OF MAY 31st CONFIRMING YOUR REGISTRATION DATE(S) AND TIME(S).**

Completed registration forms and applicable fees must be returned to the Elementary School Office or dropped off at/mailed to City Hall by MAY 26. NO REFUNDS. Absolutely NO CASH will be accepted. Check only!

Checks should be made payable to: City of State Center. Forms delivered to City Hall can be returned in person, dropped into the utility payment drop box, or mailed to City Offices, PO Box 668, State Center, IA, 50247.

If you have any questions, please contact Buffi Honeck, Parks & Recreation Swimming Lessons coordinator, at 641-483-3303 or via email at statecenterparksandrec@gmail.com. Thank you!

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Cost for lessons (per 8-class session): Children/Families with an active YMCA Membership - \$35
Children/Families that are Non-YMCA Members - \$65

West Marshall is committed to offering a swim program that provides opportunities for youth to learn basic swimming skills in a group environment. Every effort is made to ensure the safety of all participants during the lessons. Therefore, instructors and students must follow rules pertaining to safety and instruction. Instructors may be in the water with students most of the time (lower levels) but must also be out of the water to evaluate strokes from the deck (upper levels). In partnership with the YMCA we offer certified instructors and lifeguards. Free time at the end of each class is given to allow children a recreational swim. Pool malfunctions may require a cancellation. *Any cancellations will be announced on KFJB (1230 AM) radio between 8:00-8:30 A.M. on that day.*

Please contact the Parks & Recreation Swim Lesson Coordinator with questions: **Buffi Honeck 641-483-3303/statecenterparksandrec@gmail.com**

Registration forms and applicable fee must be returned to the Elementary School Office or dropped off at/mailed to City Hall by MAY 26. NO REFUNDS.

*****Mark your calendars now! No reminder calls will be made!*****

REGISTRATION FORM – STATE CENTER (Please print)

- Child's Name: _____ Age: _____ DOB: _____
Grade Completed: _____ Level (circle one): Polliwog Guppy Minnow
- Child's Name: _____ Age: _____ DOB: _____
Grade Completed: _____ Level (circle one): Polliwog Guppy Minnow
- Child's Name: _____ Age: _____ DOB: _____
Grade Completed: _____ Level (circle one): Polliwog Guppy Minnow

Please review information in the enclosed letter about the levels available & how they compare to Red Cross levels

Student's Address: _____ City: _____ State: _____ ZIP: _____

Phone: (H) _____ or (C) _____ Email (required for email confirmation): _____

Permission is hereby given for _____ to take swim lessons during the 2017 summer session. I also state that my child(ren) is/are physically qualified to take swim instructions. Medical conditions that might endanger your child(ren) should be noted here:

Parent/Guardian Signature: _____ Print Name: _____ Date: _____

Choose your session time (please mark a 1st choice and a 2nd choice):

State Center Session 1: June 5-8 & 12-15 9:00 – 9:45 am _____ 10:00 – 10:45 am _____ 11:00 – 11:45 am _____

State Center Session 2: July 10-13 & 17-20 9:00 – 9:45 am _____ 10:00 – 10:45 am _____ 11:00 – 11:45 am _____

GALAXY ATTENDEES SHOULD SELECT 10:00 AM SESSION. If you are part of a daycare or group: please note on your form. Sessions will be assigned on a first-come, first-serve basis with all efforts made to honor 1st choices. However, due to safety and YMCA class size limitations, it may be necessary to honor 2nd choices or contact you for alternative sessions.

Please make checks payable to: City of State Center. Forms delivered to City Hall can be returned in person, dropped into the utility payment drop box, or mailed to City Offices, PO Box 668, State Center, IA, 50247.

FOR CITY HALL & SWIM COORDINATOR USE ONLY:

Amount paid _____ Date Received _____ Payment method: Check # _____